L.N. 206 of 2001

MERCHANT SHIPPING ACT
(CAP. 234)

Merchant Shipping (Provisions and Water) Regulations, 2001

IN exercise of the powers conferred by articles 149 and 374 of the Merchant Shipping Act, the Minister for Transport and Communications has made the following regulations:–

1. The title of these regulations is the Merchant Shipping (Provisions and Water) Regulations, 2001. Short title.

2. In these regulations, "the Act" means the Merchant Shipping Act. Interpretation.

3. (1) These regulations shall not apply to– Application.

(a) ships under 24 metres in length;

(b) fishing vessels;

(c) pleasure yachts; and

(d) oil rigs and drilling platforms when not engaged in navigation.

(2) Subject to subregulation (1) hereof,–

(a) these regulations other than regulation 8 hereof apply to sea-going Maltese ships; and

(b) regulation 8 hereof applies to non-Maltese sea-going ships when in a Maltese port or the territorial waters thereof.

4. It shall be the duty of the owner and master of every ship to ensure that there shall be provided on their ship provisions and water which – Duties of owners and master.

and variety having regard to the size of the crew, the duration and nature of the voyage, and the quantity set out in the Schedule to these regulations,

(b) do not contain anything which is likely to cause sickness or injury to health or which renders any provision or water unpalatable, and

(c) are otherwise fit for consumption.

Inspection of provisions and water

5. The master, or any officer authorised by the master, shall, together with a member of the crew employed as cook on the ship, inspect not less than once a week provisions and water for the purpose of checking whether the provisions and water still comply with paragraphs (a) to (c) of regulation 4 hereof. The results of such inspections shall be recorded in the official log book of the ship.

Allowance for short or bad provisions

6. For the purposes of article 150A of the Act, the sums payable to a person for short or bad provisions shall be the following:

(i) if the allowance is reduced by not more than one-third of the quantity, a sum not exceeding ten cents a day;

(ii) if the allowance is reduced by more than one-third of the quantity, twenty cents a day;

(iii) in respect of bad or deficient quality of provisions, a sum not exceeding thirty cents a day.

Inspection and detention of a Maltese ship

7. The Registrar-General, or an appropriate inspector, may inspect any Maltese ship to which these regulations apply and if satisfied that there has been a failure to comply in relation to that ship with the requirements of these regulations the Registrar-General may take such measures as are necessary to rectify those conditions and any expenses incurred therefor shall be a charge on the ship, and, in any case, the provisions of article 149(4) of the Act shall apply.

Inspection, detention and other measures in respect of ships other than Maltese ships

8. (1) The Registrar-General, or an appropriate inspector, may inspect any ship to which this regulation applies which is not a Maltese ship when such ship is in a Maltese port, and if satisfied that the ship does not conform to the standards required of Maltese ships by these regulations, the Registrar-General may

(a) send a report to the government of the country in which the ship is registered, and a copy thereof to the Director-General of the International Labour Office, and

(b) where conditions on board are clearly hazardous to safety or health –

(i) take such measures as are necessary to rectify those conditions and any expenses incurred therefor shall be a charge on the ship;

(ii) detain the ship:

Provided that the measures specified in subparagraphs (i) and (ii) may be taken only when the ship has called at a Maltese port in the normal course of business or for operational reasons.

(2) If the Registrar-General takes either of the measures specified in subregulation (1)(b) hereof, the Registrar-General shall forthwith notify the maritime Administration and the nearest maritime, consular or diplomatic representative of the flag State of the ship.

9. The Merchant Shipping (Scale of Provisions) Regulations, 1973 are hereby revoked. **Revokes L.N. 57 of 1973.**

SCHEDULE

(Regulation 4)

MALTESE SEAMAN'S WEEKLY RATION

Food	Standard Ration Per man Per week	Substitutes	Remarks
BREAD	3.175kg		
DAIRY PRODUCTS			
Milk, Fresh or evaporated or dried skim	3.9*3L or 1.89lL evaporated or 397g dried skim	113g cheese can replace 283g (284mL) milk	Only half the issue of milk should be replaced by cheese at any one time
Cheese	113g		
Eggs, fresh	5	14g dehydrated egg can replace one fresh egg	
FRUITS			
Oranges or grapefruit juice	567g	Unsweetened apple juice blended orange and grapefruit juice 1 orange or ½ grapefruit (fresh) can replace 113g fruit juice	113g allowed per serving
Canned tomatoes	454g	Tomato juice	May be used cold or hot as a vegetable, or combined with other foods in cooking
Fresh fruit (when available) or canned fruits	567g		
Dried fruits	142g	97g dried fruit can replace 113g canned fruit or fresh fruit	Dried fruits to be prunes, currants, figs, prunes, apples, pears, peaches, apricots
VEGETABLES			
Potatoes	3.175kg	An equal amount of sweet potatoes, canned potatoes or canned vegetables	

		76g dehydrated potatoes can replace 454g fresh potatoes.	
Onions	227g	14g dehydrated onions can replace ½ the fresh onions or 227g of other canned or fresh vegetables can replace 227g onions.	Fresh, stored or dried as onions.
Canned or fresh	1.814kg	28g dehydrated can replace 227g fresh or canned. 113g dried can replace 227g fresh or canned.	Use a variety of fresh, canned or dehydrated vegetables. Dried vegetables may be navy beans, lima beans, kidney beans whole dried peas, split peas or lentils.
MEATS			
Fresh beef	3.175kg	For each 227g fresh meat, one of the following substitutions may be made: 170g canned meat 151g salt meat 170g fresh fish 113g canned fish 113g dried fish 113g bacon	The term "meat" includes all types. The weight of flesh is the weight including fat meat and bone before preparation for cooking. The weight of fresh fish is the gross weight before preparation for cooking.
Bacon or Ham	340g		
CEREAL			
Flour	2.268kg	680g bread can replace 454g flour.	
Oatmeal	170g (dry weight)	An equal quantity of one of the following: rolled oats, cracked wheat, rolled wheat, ready-to-serve cereals.	For the ready-to-serve cereals give special preference to those labelled on the package as whole grain.
Rice or Pasta	340g		
FATS			
Butter Lard or Shortening	454g 113g		Includes cooking purposes.

SUGARS			
Sugar	196g		Includes granulated, brown and icing. Includes cooking purposes
Jam	227g	An equal quantity of one of the following: marmalade, honey, peanut butter.	
Syrup	57g	Molasses	
BEVERAGES			
Tea	114g	28g coffee can replace 14g tea.	
Water	45L		For drinking, culinary and dishwashing
MISCELLANEOUS			
Cocoa or Chocolate	85g		
Salt	57g		
Pepper	½g		
Tomato Paste	100g		
Mustard	½g		
Spices	?g		Includes all varieties of spices.
Flavourings	14g		Includes all varieties of flavourings.
Baking powder	as required		
Baking soda	as required		
Beetroot	as required		
Gelatine or Jelly Powder	as required		
Sauces and Pickles	as required		
Vinegar	as required		
Yeast	as required		

When an item of food is substituted for another item in the Schedule, the substituted item shall be taken from the same food group indicated in the Schedule